

The image is a vertical graphic design. On the left side, there is a solid blue vertical bar. The rest of the image has a light yellow background. At the bottom center, there is a semi-circle representing the top of a sun, colored in a bright yellow. From this semi-circle, several rays of light extend upwards and outwards. The rays are colored in a variety of colors: red, orange, yellow, green, teal, and blue. The text 'You are the light of the world' is centered in the upper half of the image. 'You are the' is in a small, red, cursive font. 'light' is in a large, yellow, cursive font with a white outline. 'of the' is in a small, blue, cursive font. 'world' is in a large, green, cursive font with a white outline. The text appears to be cut out and pasted onto the background.

You are the
light
of the
world

TRINITY UNITED CHURCH OF CHRIST
2340 State Street, East Petersburg, PA 17520
717-569-1632

Website: www.trinityeastpete.org E-Mail: secretary@trinityeastpete.org

The Rev. Dr. Christopher M. Rankin, Pastor

The Rev. Harry G. Royer, Pastor Emeritus

The Rev. Dr. Carolyn Call, Covenanted Minister of Mission

Mr. Michael Slechta, Director of Music/ Sounds of Trinity Choir Director

Mrs. Christine Oetama, Organist

Mrs. Carmen Richards, Pianist

Mrs. Carol Kratz, Administrative Assistant

Mr. Sean McKelvey, Preschool Director

FIFTH SUNDAY AFTER EPIPHANY

7:45 A.M. SERVICE

Today's Theme: Light shines in the darkness for the upright, the psalmist sings. Isaiah declares that when we loose the bonds of injustice and share our bread with the hungry, the light breaks forth like the dawn. In another passage from the Sermon on the Mount, Jesus, the light of the world, calls his followers to let the light of their good works shine before others. Through baptism we are sent into the world to shine with the light of Christ.

Welcome all visitors! We welcome all who worship with us. May the joy of Christ's presence and the power of the Holy Spirit fill you with peace and hope! We are honored by your presence and trust that you will join us in the praise and worship of God. Please sign our guest book in the narthex. If you are interested in church membership, please give your name and telephone number to Pastor Rankin.

Welcome to the Eucharist! All who seek to follow Jesus and who seek the gifts Jesus offers us are invited to share in this sacrament of Holy Communion. *Children are invited to receive communion at the discretion of their parents/guardians. If a child wants to receive a blessing, they are asked to fold their hands.*

Prayer As You Enter: *Lord God, with endless mercy you receive the prayers of all who call upon you. By your Spirit show us the things we ought to do, and give us the grace and power to do them, through Jesus Christ, our Savior and Lord. Amen.*

PARISH ANNOUNCEMENTS

(PLEASE STAND IF YOU ARE ABLE)

CALL TO WORSHIP

AFFIRMATION OF BAPTISM AND INVITATION TO THE TABLE

In the Name of the Father, and of the Son, and of the Holy Spirit.

Amen.

We delight to draw near to you, gracious God.

We rejoice in the many gifts you have given us.

We lift up our hearts and voices in praise.

We humble ourselves before the God of all worlds.

We gather to remember God's commandments.

We seek for ourselves the wisdom God imparts.

The wisdom of God is not like any other.

It draws us away from the world's agenda.

God sends us into the world with new priorities.

We are grounded in the Spirit that we might be discerning.

We are filled with the mind of Christ.

We are already citizens of God's realm.

Come and taste the joy of God!

CONFESSION OF SINS

CALL TO CONFESSION

God has come to us in Christ, but we often live as if it made no difference.

Let us now confess our sins in silent prayer.

(SEATED OR KNEELING)

SILENT CONFESSION OF SINS

CONFESSION OF SIN

Trusting in God's mercy, let us confess our sin.

Holy One, source of our renewal, we confess that we are wrapped up in sin, and cannot free ourselves. We have not practiced your righteousness. Our hearts have turned away from you. For the sake of the world you so love, forgive us, that we may be reconciled to one another for the glory of your holy name. Amen.

KYRIE

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

ASSURANCE OF PARDON

(PLEASE STAND IF YOU ARE ABLE)

ACT OF PRAISE

O God, open my lips.

And my mouth shall proclaim your praise.

Praise to the holy and undivided Trinity, one God:

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end.

Amen.

COLLECT FOR THE FIFTH SUNDAY AFTER EPIPHANY

Let us pray the collect together.

God of mystery and of judgment, who made us to be salt and light in a tasteless, shadowed world, grant to us such understanding of conditions around us and spiritual discernment that others may see your good works through us, give you the glory, and be moved to serve you; through Jesus Christ our Lord. Amen.

(PLEASE BE SEATED)

TIME WITH THE CHILDREN

THE WORD OF GOD

THE FIRST LESSON

Isaiah 58:1-9a

Shortly after the return of Israel from exile in Babylon, the people were troubled by the ineffectiveness of their fasts. God reminds them that outward observance is no substitute for genuine fasting that results in acts of justice, such as feeding the hungry, sheltering the homeless, and clothing the naked.

The Word of the Lord. **Thanks be to God!**

THE PSALTER

Psalm 112:1-10

Praise the Lord! Happy are those who fear the Lord, who greatly delight in his commandments.

Their descendants will be mighty in the land; the generation of the upright will be blessed.

Wealth and riches are in their houses, and their righteousness endures forever.

They rise in the darkness as a light for the upright; they are gracious, merciful, and righteous.

It is well with those who deal generously and lend, who conduct their affairs with justice.

For the righteous will never be moved; they will be remembered for ever.

They are not afraid of evil tidings; their hearts are firm, secure in the Lord. **Their hearts are steady, they will not be afraid; in the end they will look in triumph on their foes.**

They have distributed freely, they have given to the poor; their righteousness endures forever; their horn is exalted in honor.

The wicked see it and are angry; they gnash their teeth and melt away; the desire of the wicked comes to nothing

THE SECOND LESSON

1 Corinthians 2:1-16

Though people such as the Corinthians are enamored with human philosophy and wisdom, Paul continuously presents God's hidden wisdom which is Jesus Christ crucified. True spiritual maturity involves judging ourselves and others in light of God's revelation in the cross.

The Word of the Lord. **Thanks be to God!**

(PLEASE STAND IF YOU ARE ABLE)

THE HOLY GOSPEL

St. Matthew 5:13-20

In the Sermon on the Mount, Jesus encourages his followers to be the salt of the earth and the light of the world, doing good works and keeping God's commandments.

Glory be to You, O Lord.

THE GOSPEL OF OUR LORD

Praise be to You, O Christ.

(PLEASE BE SEATED)

SERMON

“Living Out Your Christian Identity”

Pastor Rankin

(PLEASE STAND IF YOU ARE ABLE)

NICENE CREED

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, light from light, true God from true God, begotten not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became fully human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who in unity with the Father and the Son is worshipped and glorified, and has spoken through the prophets.

We believe in one holy catholic and apostolic church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PEOPLE'S OFFERING

OFFERING DEDICATION

You flavor our actions, O God, and illumine our minds. May the fruits of our labors nourish others. May the wisdom you give us lead others to know the living Christ. May our lives be seasoned by service, and the light of our good works bring glory to your name. We have received an abundance of your grace and mercy. Accept now our offerings as we go forth to serve you. In all that we accomplish let us give you the honor your name is due; through Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord!

Let us give thanks to God Most High.

It is right to give God thanks and praise.

Eternal God, who has created the heavens and the earth, giving breath to every living thing, we thank you for all the gifts of creation and for the gift of life itself. We thank you for making us in your own image, for forgiving us when we act as though you have no claim on us, and for keeping us in your steadfast care. We rejoice in Jesus Christ, the only one eternally begotten by you, who was born of your servant Mary and shared the joys and sorrows of life as we know it. We remember Christ's death, we celebrate Christ's resurrection, and, in the beloved community of your church, we await Christ's return at the end of history. We take courage from the abiding presence of your Holy Spirit in our midst. We offer you our praise for women and men of faith in every age who stand as witnesses to your love and grace. With the prophets, martyrs, and saints, and all the company of heaven, we glorify you.

Holy, holy, holy God of love and majesty, the whole universe speaks of your glory, O God, Most High. Blessed is the one who comes in the name of the Lord. Hosanna in the highest!

(PLEASE BE SEATED)

WORDS OF INSTITUTION AND PRAYER OF CONSECRATION

THE PRAYER OF OUR LORD

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever. Amen.

BREAKING OF THE HOST & POURING OF THE CUP

As this grain was once scattered in the fields, and has come together in one bread, so we, with different needs and hopes, come together as one, for we share one bread.

The Bread of Life, broken for us.

The cup which we share is the cup of the New Covenant written in our hearts and witnessed by Jesus.

The Cup of Blessing, poured out for us and for the many.

*(Those who wish to come forward will be invited by the pastor. The pastor will serve you the host, saying, "The Body of Christ." You reply, "Amen!" The assistant will present you with the cup, saying, "The Blood of Christ." You reply, "Amen!" Grape juice is in the chalice with the cross and wine is in the other chalice. If you need the pastor and assistant to come to you, please indicate that to someone near you or the pastor. If you do not wish to come forward, you are invited to use the packaged elements in the narthex and commune in your pew. The pastor will offer a blessing everyone has communed. **Children are invited to receive communion at the discretion of their parents/guardians. If a child wants to receive a blessing, they are asked to fold their hands.**)*

(PLEASE STAND IF YOU ARE ABLE)

POST COMMUNION PRAYERS

The Lord be with you.

And also with you.

In peace, let us pray to the Lord.

Called together to follow Jesus, we pray for the Church, the world, and all in need.

Call your people to seek your wisdom in difficult conversations and action. Give the church everywhere courage to repent for the ways we have tolerated and practiced injustice. Merciful God, **receive our prayer.**

Inspire our wonder at creation, from the light of dawn to the beauty of the dark night. Sustain the unseen depths of the ocean to the plants and animals we know well. Bring healing to lands and communities experiencing natural disasters. Merciful God, **receive our prayer.**

Instruct the powerful in your ways. Provide upright leadership in business and industry, that workers are not oppressed. Throughout the world, inspire voters and raise up politicians to heed your call for nations to practice righteousness. Merciful God, **receive our prayer.**

Loosen the bonds of injustice in our midst. Grant peace to endless quarrels, put an end to hunger, and break every yoke of oppression. Shelter all who flee abuse in their homes or violence in their communities. Satisfy those afflicted in any way. Merciful God, **receive our prayer.**

Shape our congregation to be salt for the earth. Give us delight in your commandments, that we are generous with those in need. Make us steadfast in our trust in you, ready with tangible mercy and compassion for our neighbors. Guide this congregation in the coming year as we celebrate 175 years of ministry in the East Petersburg community and around the world. Merciful God, **receive our prayer.**

SILENT PRAYER

Let us pray together.

Holy One, we thank you for the healing that springs forth abundantly from this table. Renew our strength to do justice, love kindness, and journey humbly with you. Amen.

CLOSE OF WORSHIP

RESPONSIVE BENEDICTION

Arise, and go forth to shine for all the world to see.

We go to spread the good news of light and love, righteousness and justice.

May the blessing of the God of light rest upon you and fill you with light.
Amen.



CATCH THE VISION & SHARE THE JOY



ANNOUNCEMENTS

The Chancel Flowers & Worship Aids are given by Brenda, Harry, Gary & R.J. Himelwright in loving memory of Lou Ann Himelwright.

Ministering Today

Pastor/Celebrant	Rev. Dr. Christopher Rankin
Lector/Assistant	Rev. Sandy Morris
Money Counters	Bud & Kathy McCarty, Scott Owens, Jeff Hackenberger, John Shelsky
Altar Guild	Charlene Cristy, Anita Rohrer
Koinonia	Gretchen Leinbach
Building Trustee	Mike Wagner
Ministries	Card Church Staff (Carol Kratz) Called to Care Anne Rankin Visitation Donna Zirkel

Attendance for Sun., Jan. 29
Sunday School Attendance

7:45–18 9:30–79 TOTAL – 97
23

Happy Birthday!

Today – Steven Archibald, Robbin Stone

Wednesday – Hayden Knoll

This Week at Trinity Church

(Church Office Hours: Monday-Friday 9:00 a.m.-2 p.m.)

Today 2-4 PM—Mission Fair at Salem U.C.C., Rohrerstown

5:30 PM—Confirmation Class

Monday 7:00 PM – SOT Choir/8:15 PM-Bells

Tuesday 7:00 PM – Anniversary Com.

Thursday 10:00 AM – Mercersburg Study Group

1:30 PM - Pinochle

6:30 PM – Cub Scouts

7:00 PM – Parish Life Com.

Saturday 8:00 AM – Men’s Breakfast @ Family Fare

10 AM-3PM – Isenberg Hall in use

7:00 PM – Alanon/8:00 PM - AA

Sunday 7:45 AM – Eucharist

9:00 AM – Sunday School

10:00 AM - Koinonia

10:30 AM – Worship

Love Sunday/Souper Bowl of Caring

THE FEBRUARY PARISH POST is available on both floors of the church building.

KNIT IN GOD’S LOVE PRAYER SHAWL MINISTRY

The Prayer Shawl will meet **Tuesday, February 21 from 1:00-3:00 PM.**

They will continue to meet on the third Tuesday of each month! Come and bring a friend. Hope to see many of you there! Contact Betty Tyndall for more information.

MEN OF TRINITY BREAKFAST: The monthly breakfast will be held at the Family Fare Restaurant on **February 11 at 8:00 a.m.** Look for the sign-up sheet on the table across from the church office.

PRAYERS FOR GOD'S HEALING PRESENCE

MEMBERS

The family of Sally Hillegas	Joann Garvin	Ken & Phyllis Zimmerman
Scott & Jane Owens	Ron Denlinger	Don & Pat Miller
Dawn Garvin	Mark Shenk	Dr. Janet Harriger
The Lehman family	Jodi Keller	Deb Lichtenwalner
George DeLong	Joann Peck	Danielle Huggins Holbein
Mary Lou Shaab	Judie Bistline	Stan & Pat Seachrist
Rev. Dave & Mid Gockley	Donna Zirkel	Carmen Richards
Rev. Bob & Nancy Musser	Sam Minder III	Lainie Christensen
Betty Tyndall and family	Hank Fox	Charles & Betty Booraem
Dorothy Fasnacht	Bob Kilgore	Bob & Marlyn Wible
Rev. Jere & Judy Chapman	Mary Witmer	Nancy Patton

FAMILY & FRIENDS

The family of Dick King (friend of Pat & Stan Seachrist)
James Malone & family
Jeff Bradley (son of Roger & Maryann Bradley)
Tom & Elaine Lichtenwalner (parents of Mike Lichtenwalner)
Summerlyn Burger (granddaughter of Marge Burger)
Janet Owens (sister-in-law of Scott & Jane Owens)
Donna Nesbitt (neighbor of John & Sarah Paulukow)
Chad Zirkel (son of Donna Zirkel)
Jordan Sensenig (grandson of Pat & Joan Sensenig),
David and Brenda Haverstick (friends of Mike & Shelley Wagner)
Jeannie & Bill Toy (sister & brother-in-law of Lainie Christensen) Robin
McComsey (neighbor of Himelwrights)
Rylan Brent (relative of Chuck & Sue Husted)
Don Pfeifer (husband of Denise Pfeifer)
Judy Barr (friend of Mike & Shelley Wagner)
Rev. Phyllis Baum (former member of Trinity Church)
Jake & Jean Otthofer (parents of Dan Otthofer)
The Martin family
Robert Richards (brother of Jerry Richards)
Monica Williams (friend of Sandy DeLong)
Ronald Himelwright (grandson of Brenda & Harry Himelwright)
Barry Richards (son of Jerry & Carmen Richards)
Tyler Miller (grandson of Iris DeMaio)
Joan Kalbach (mother of Dr. Cathy Hoshauer)
Jim & Kathy Long (friends of Jerry & Carmen Richards)
John Siebern (Bob Siever's brother-in-law)

Carl Roth (Gretchen Leinbach's brother)

Sandra Englert (niece of Betty Tyndall)

Jo Jo Richards & family (Carmen & Jerry's granddaughter-in-law), **Barry Moore**
(Donna & Ron Denlinger's brother-in-law)

Judy Wisniewski (sister of Chuck Husted)

The Bonilla-Rodriguez family (friends of Trinity Church)



The Lancaster Association Mission and Ministry Team presents:

Mission & *Ministry Fair*

Sunday, February 5, 2023 2-4pm
at Salem UCC, Rohrerstown

Have you ever wondered how other churches serve their communities? Are you interested in new ways your church could get involved in local ministries? Are you proud of the work your congregation is doing with a particular ministry? Here is your chance to learn and share about the ministries in our association!

2-3:15pm-Each church is asked to have a table at our fair with information about a ministry or mission in which your church is engaged. Please have someone there to answer questions.
Doors open at 1 pm for display set up.

3:15pm-Keynote presentation by representatives of the Church World Service Refugee Resettlement ministry

Questions? Want to RSVP? Please contact Rev. Brad Haws at revhaws@ptd.net or 717-587-3424

LOVE SUNDAY/SOUPER BOWL OF CARING: Trinity will celebrate “Love Sunday” and the “Souper Bowl of Caring” on February 12, 2023. We will collect canned goods and money for the Hempfield Power Packs. The following five items are greatly needed for the Power Packs: Peanut butter, Soups, Canned pasta, Pasta or rice side dishes (Rice-a-Roni type things), Canned veggies, Canned fruit.

TRINITY'S MEALS WITH A MISSION ARE BACK!

February 19, 2023



Trinity will again be preparing/assembling meals for some of our members on Sunday, February 19. We will meet after the second service to prepare the meals - it should take about an hour.

If you are able to help out with the assembly of the meal or are able to deliver the meal, please sign up on the sheets in the Narthex! Hands of all sizes are welcome to help.

If you have questions, contact Deb Lichtenwalner - 717-203-9506 or deblich@comcast.net.

COMMUNITY MEAL AT FIRST REFORMED U.C.C.

(40 E. Orange St., Lancaster)

Tuesday February 21 from 4:00-6:00 pm

Sign-up sheets will be posted in the narthex for food donations and volunteers.

Questions? Contact Kathy Cooley at ksharkitt@gmail.com or 717-371-0346.

**EVERYONE
IS
WELCOME!**

PINOCHLE

1:30 PM

**EVERYONE
IS
WELCOME!**

**Dates: Thursday, Feb. 9/Friday, March 17/
Thursday, April 13/ Thursday, May 11**

All you have to do is sign up in the hallway near church office and bring a snack or drink to share. We're happy to teach players new to Pinochle.



News from the Parish Life Committee
Dutch Apple Dinner Theater

Saturday, March 11
11:30 AM Lunch/1 PM Show

Trinity is going to Dutch Apple Dinner Theater to see "Sister Act". The Dinner and show, which includes all tips and fees is \$66.93. Children ages 3-12 are \$23.28 per child; students ages 13-18 are \$28.13 per student. Youth ministry funds will be used to pay for children & youth! Don't miss out on this exciting production.

We have ordered 32 tickets. Look for the sign-up sheet across from the church office. **The deadline to order tickets is February 9th.** Speak to a member of the Parish Life Committee for more information (Kayla Brennan, Anne Rankin, Cherie Cataldi, Denise Pfeiffer, Jeff Hackenberger, and Rachel Baynard).

A poster for the Peanut Fellowship event. The title 'PEANUT FELLOWSHIP' is at the top in blue, block letters. Below it, text reads 'from 7 AM to 2 PM with a Pot Luck lunch. The peanuts will cost \$6 a pound.' To the left is a cartoon illustration of two peanuts with faces and legs. To the right is a circular logo with a peanut character and the text 'PEANUT FELLOWSHIP'. Below the main text, it says 'We need help with this project. Futures dates for the Peanut Fellowship are: February 14 & 28'. A small photo in the bottom right shows people at a table with a large bowl of peanuts.

PEANUT FELLOWSHIP

from 7 AM to 2 PM with a Pot Luck lunch.
The peanuts will cost \$6 a pound.

We need help with this project. Futures
dates for the Peanut Fellowship are:

February 14 & 28

DEVOTIONALS: The January-March edition of *These Days* are available on the table across from the church office or on the lower level by the portico entrance.

CHURCH DIRECTORY—Look for a copy on the table across from the church office. Make any changes by February 26!

WORSHIP VOLUNTEERS: We are looking for worship volunteers on Sunday mornings. Contact the church office to sign-up!

Greeters: To welcome worshippers at the door for the second service.

Ushers: We have returned to passing the offering plate during the second service. We especially need ushers because some people have stepped down!

Lectors: Assist with the worship service or to just read the scripture lessons at the 7:45 a.m. and/or 10:30 a.m. services.

Parish Resource Center

WORKSHOPS

ADDRESS
2160 Lincoln Hwy East, #18

PHONE
(717) 299-1113

EMAIL
info@parishresourcecenter.org

Becoming Your Best Self: Introduction to the Enneagram
HYBRID CONTEMPLATIVE
February 25, 2023
9:00 am - 4:00 pm
Ellen Kanagy, LCSW
Rhonda Myers, LPC

Resiliency for Volunteers
ZOOM ONLY VOLUNTEER
February 27, 2023
7:00 pm - 8:30 pm
ANDREA GRILL BOB FENNIMORE LESLEY HUFF

Using Volunteer Skills in the Real World
ZOOM ONLY VOLUNTEER
February 9, 2023
7:00 pm - 8:30 pm
ANDREA GRILL BOB FENNIMORE LESLEY HUFF

USING VOLUNTEER SKILLS IN THE REAL WORLD

The Path Between Us: Enneagram Conference with Suzanne Stabile
IN PERSON ONLY CONTEMPLATIVE
March 24, 2023 - March 25, 2023
6:00 pm - 5:00 pm
Suzanne Stabile
Highland Presbyterian Church, Lancaster, PA

The Path Between Us Conference
The Enneagram and Healthy Relationships
Sponsored by WORK WISDOM
March 24
6-9 pm
March 25
9am - 5pm

CALLED TO CARE MINISTRY: The Evangelism Committee is revitalizing the Called to Care ministry this month. Meals will be provided for members after they have returned home from the hospital or during other critical moments. Transportation to medical appointments is also available. Anne Rankin will be the coordinator for January and February.

2022 ANNUAL REPORTS are available on the table across from the church office and in the information racks on both floors of the church building!

2023 CHANCEL FLOWERS AND WORSHIP AID SPONSORS:

Upcoming dates for chancel flowers are: February 26. Upcoming dates for worship aids are: February 12, 19 & 26. The price for flowers is \$60. The price for worship aids is \$26. Contact Carol and look for charts for 2023 dates.

2023 OFFERING ENVELOPES are available on the table across from the church office. Please help us by delivering envelopes to some of our homebound members!

WOODEN CHURCH SCENES FOR SALE

Mike Wagner recently made church scenes to benefit the Trinity Preschool. They are available on the table across from the church office. The cost is \$15 and you can place it in the red box.

NEW MEMBERS: Are you interested in joining Trinity U.C.C.? Do you know of someone looking for a church home? Please speak to Pastor Chris about joining our congregation.

KOINONIA: We have resumed koinonia (community fellowship) every Sunday at 10 a.m. in Isenberg Hall. Volunteers are asked to provide light refreshments and drinks/coffee. The sign-up sheet is on the kitchen coordinator. If you have any questions, contact Paula Dennes.

FLOWER DELIVERY VOLUNTEERS NEEDED: Would you like to be on the rotation to pick up the weekly chancel flowers from the florist on Friday mornings? If so, contact Lee Bossert. Would you like to deliver the chancel flowers after worship to members of the congregation? If so, contact Pastor Chris or Carol Kratz.

LENTEN ADULT STUDIES

Becoming Jesus' Disciples: The Hard Examples of Those Who Did



Sunday mornings in Lent at Trinity East Pete
Isenberg Hall 9:00 a.m.
with Dr. Charles Hambrick-Stowe

When we think of “the disciples” who followed Jesus, it’s usually the twelve that he named as apostles who come to mind. But when we look closely at the gospels, the category “disciple” becomes much wider and more complicated. Who were these men and women, why did they follow Jesus, and what were the challenges they faced?

February 26 — The Twelve

March 5 — The 70, the Women, and Many More

March 12 — The Secret Disciples

In these Lenten sessions Dr. Charles Hambrick-Stowe (Anne Rankin’s father) will explore surprising implications for the decision to follow Jesus in our own time. Come and learn more about “the cost and joy of discipleship” from the hard examples of those who first followed him.

Dr. Charles Hambrick-Stowe is minister emeritus of the First Congregational Church of Ridgefield, Connecticut. Previously, he served as academic dean of Northern Seminary in Illinois, director of the Doctor of Ministry program at Pittsburgh Theological Seminary, and pastor at Church of the Apostles in Lancaster and St. Paul’s UCC in Westminster, Maryland. In addition to MA and MDiv degrees, he holds a PhD in American Studies from Boston University.

Finding the Gospel in the Old Testament with Dr. Rich Christensen 9:00 A.M. in Isenberg Hall

March 19—The Freedom of God

March 26—The Power of Names

April 2—Life-Saving Faithfulness

Dr. Rich Christensen, a member of Trinity Church, is a retired professor of Church History. He previously served pastorates in Pennsylvania and Ohio, a missionary in Botswana, and professor at Phillips Theological Seminary in Oklahoma and Lakeland College in Wisconsin. He received degrees from Lancaster Theological Seminary (MDiv) and Union Theological Seminary in Virginia (PhD).



LENTEN WORSHIP THEME: SING WITH ALL THE SAINTS IN GLORY

Lent is a time of renewal. We focus on the death and resurrection of Jesus and in turn focus on our own death and resurrection found in baptism. We who have been baptized into Christ have died to sin and are righteous saints of God. At the same time, we know that we struggle daily with sin as we seek to follow Jesus. This is the wonderful understanding of sinner and saint.

We have a rich calendar of saints in the Christian faith. These are people from every age who have pointed to Christ in their living and dying. In remembering these Christians who have gone before, we find inspiration for our Christian journey. This Lenten midweek series honors the commemorations that occur during the weeks of the Lenten season. Commemorating these individuals is a starting point for a deeper engagement with our Christian faith.

The Lenten season begins on Ash Wednesday (February 22) with services at 2:00 p.m. and 7:00 p.m. The Lenten services will be every Wednesday at 7 p.m. beginning on March 1.

2023 CONCERT SPONSORS: Forms are available on the table across from the church office for you to sponsor this year's concert series.





Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up



All 5 Screenings for \$149

Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries for buildup of fatty plaque.

Peripheral Arterial Disease:

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs.

Abdominal Aortic Aneurysm:

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm.

Atrial Fibrillation:

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for irregular heartbeat.

Osteoporosis Risk:

An ultrasound is performed to measure the shin bone for abnormal bone mass density.

We will be in your neighborhood soon March 4, 2023
Some discount coupons are available from church office

Get your special Community Circle pricing!

Three ways to register and receive the special discount:

Call toll-free: 1-800-679-5192

Online: [LLSA.SOCIAL/HS](https://llsa.social/hs)

Text: the word [circle](https://llsa.social/hs) to 797979



Getting Screened is Simple!

**Painless, non-invasive,
keep your clothes on.**



There are flyers available in the hallway across from the church office to share with friends & neighbors.

FEBRUARY 5, 2023

**(A) FIFTH SUNDAY AFTER THE EPIPHANY
FIRST LESSON. Isaiah 58:1-9a**

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

SECOND LESSON. 1 Corinthians 2:1-12, (13-16)

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. (And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual. Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.)

GOSPEL. Matthew 5:13-20

"You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. "You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. "Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

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