

The  
measure  
you give  
will be  
the measure  
you get back

**TRINITY UNITED CHURCH OF CHRIST**  
2340 State Street, East Petersburg, PA 17520  
717-569-1632

Website: [www.trinityeastpete.org](http://www.trinityeastpete.org) E-Mail: [secretary@trinityeastpete.org](mailto:secretary@trinityeastpete.org)

The Rev. Dr. Christopher M. Rankin, Pastor

The Rev. Harry G. Royer, Pastor Emeritus

The Rev. Dr. Carolynne Call, Covenanted Minister of Mission

Mr. Michael Slechta, Director of Music/ Sounds of Trinity Choir Director

Mrs. Christine Oetama, Organist

Mrs. Carmen Richards, Pianist

Mrs. Carol Kratz, Administrative Assistant

Mr. Sean McKelvey, Preschool Director

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**SEVENTH SUNDAY AFTER EPIPHANY**  
**10:30 A.M. SERVICE**

**Today's Theme:** Mercy. Mercy. Mercy. Joseph lives it in Egypt. Jesus preaches it in the gospel. The spirit guides us into merciful lives with the power of forgiveness to reconcile what is fractured and divided. Such merciful living is the baptismal blessing of having put on Christ. It is the gift of the life-giving Spirit. It is a reflection of God's glory revealed in Christ.

**Prayer:** *O Lord Jesus, make us instruments of your peace, that where there is hatred, we may sow love, where there is injury, pardon, and where there is despair, hope. Grant, O divine master, that we may seek to console, to understand, and to love in your name, for you live and reign with the Father and the Holy Spirit, one God, now and forever. Amen.*

**Welcome all visitors!** We welcome all who worship with us. May the joy of Christ's presence and the power of the Holy Spirit fill you with peace and hope! We are honored by your presence and trust that you will join us in the praise and worship of God. Please sign our guest book in the narthex. If you are interested in church membership, please give your name and telephone number to Pastor Rankin.

**PRELUDE**

*Prelude in C*  
Canticle Ringers

*Bach / Gounod/ Rogers*

## ANNOUNCEMENTS

*(PLEASE STAND IF YOU ARE ABLE)*

### CALL TO WORSHIP

#### AFFIRMATION OF BAPTISM AND CALL TO WORSHIP

In the Name of the Father, and of the Son, and of the Holy Spirit.

**Amen.** (sung)

Come near to one another and to our God.

Be still before the one who fulfills our hearts' desires.

**This is a time for meeting and greeting.**

**This is the hour for quieting life's stresses and worries.**

We are here to receive life in all its abundance.

God is providing for us and has a purpose for us.

**God raises us up and sends us forth.**

**Surely God will help us wherever we go.**

### CONFESSION OF SINS

#### CALL TO CONFESSION

God has come to us in Christ, but we often live as if it made no difference.

**Let us confess our sins before God in silent prayer.**

*(SEATED OR KNEELING)*

#### SILENT CONFESSION OF SINS

#### CONFESSION OF SIN

Let us confess our sin in the presence of God and of one another.

**Most merciful God, we confess that we have sinned against you and your beloved children. We have turned our faces away from your glory when it did not appear as we expected. We have rejected your word when it made us confront ourselves. We have failed to show hospitality to those you called us to welcome. Accept our repentance for the things we have done and the things we have left undone. For the sake of Jesus Christ, have mercy on us. Forgive us and lead us, that we may bathe in the glory of your Son born among us, and reflect your love for all creation. Amen.**



## KYRIE

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.

## ASSURANCE OF PARDON

(PLEASE STAND IF YOU ARE ABLE)

## HYMN

### *Baptized Into Your Name Most Holy*

1 Bap-tized in - to your name most ho - ly, O Fa - ther, Son,  
2 My lov - ing Fa - ther, here you take me hence-forth to be

and Ho - ly Ghost, I claim a place, though weak and low - ly,  
your child and heir; My faith-ful Sav - ior, here you make me

A - mong your seed, your cho - sen host. Bu - ried with  
The fruit of all your sor - rows share; O Ho - ly

Christ and dead to sin, I have your Spir - it now with - in.  
Ghost, you com-fort me though threat-en-ing clouds a - round I see.

*(PLEASE BE SEATED)*

## **LET THE CHILDREN COME/SACRAMENT OF BAPTISM**

Today we celebrate the baptism of Koleson Steven Burgo, son of Thomas & Kelsey (Minnich) Burgo, born on August 11, 2021. Godparents are Amber Gegg, Meighan Livingston, & Joel Burgo.

### **WORDS OF INVITATION**

#### **QUESTIONS**

Pastor: Do you desire to have this child baptized into the faith and family of Jesus Christ?

**Parents/Godparents: We do.**

Pastor: Will you teach Koleson that he may be led to profess Jesus Christ as Lord and Savior? Will you grow with Koleson in the Christian faith and help him to be a faithful disciple of Jesus Christ?

**Parents/Godparents: We will, with the help of God.**

Pastor: Do you promise, according to the grace given you, to grow with Lee in the Christian faith, to help Koleson to be a faithful member of the church of Jesus Christ, by celebrating Christ's presence, by furthering Christ's mission in all the world and by offering the nurture of the Christian church so that he may affirm his baptism?

**Parents/Godparents: We will, with the help of God.**

#### **CONGREGATIONAL COVENANT**

Pastor Rankin: Will those who are able, please stand. Jesus Christ calls us to make disciples of all nations and to offer them the gift of grace in baptism. Do you, who witness and celebrate this sacrament, promise your love, support, and care to Koleson as he lives and grows in Christ?

**Congregation: We promise our love, support, and care.**

#### **APOSTLES' CREED**

**I believe in God, the Father, the Almighty, Maker of heaven and earth.**

**And in Jesus Christ, his only begotten Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose again from the dead; he ascended into**

heaven, and sits on the right hand of God the Father Almighty; from thence he shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## BLESSING & ACT OF BAPTISM

### HYMN

### *Baptized Into Your Name Most Holy*

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) in the key of D major (indicated by two sharps) and 4/4 time. It consists of eight staves, with each staff pair (treble and bass clef) representing a vocal part. The lyrics are printed below the staves, with some lines having multiple verses. The hymn concludes with a double bar line on the final staff.

3 O faith-ful God, you nev - er fail me; your cov-enant sure -  
4 All that I am and love most dear - ly, re - ceive it all,  
ly will a - bide. Let not e - ter - nal death as - sail me  
O God, from me. Oh, let me make my vows sin-cere - ly,  
should I trans - gress it on my side! Have mer - cy  
and help me your own child to be! Let noth - ing  
when I come de - filed; for - give, lift up, re - store your child.  
that I am or own serve an - y will but yours a - lone.

## PRAYER FOR THE NEWLY BAPTIZED CHILD OF GOD

# **THE WORD OF GOD**

## **THE FIRST LESSON**

Genesis 45:3-11, 15

*Many years after being sold into slavery by his jealous brothers, Joseph reveals himself to them. Now the second-in-command in Egypt, Joseph reassures his brothers that God has used their evil intentions for good, to preserve life during a devastating famine, and Joseph forgives them.*

**The Word of the Lord. Thanks be to God!**

## **THE PSALTER**

Psalms 37:1-11, 39-40

Do not fret because of the wicked; do not be envious of wrongdoers, for they will soon fade like the grass, and wither like the green herb.

**Trust in the Lord, and do good; so you will live in the land, and enjoy security.**

Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him, and he will act.

**He will make your vindication shine like the light, and the justice of your cause like the noonday.**

Be still before the Lord, and wait patiently for him; do not fret over those who prosper in their way, over those who carry out evil devices.

**Refrain from anger, and forsake wrath. Do not fret—it leads only to evil.**

For the wicked shall be cut off, but those who wait for the Lord shall inherit the land.

**Yet a little while, and the wicked will be no more; though you look diligently for their place, they will not be there. But the meek shall inherit the land, and delight themselves in abundant prosperity.**

## **THE SECOND LESSON**

1 Corinthians 15:35-38, 42-50

*In the Apostles' Creed, we speak of the "resurrection of the body and the life everlasting." Using the metaphor of a planted seed and the story of Adam, Paul preaches passionately about the mystery of following Christ's perfect life into eternity.*

**The Word of the Lord. Thanks be to God!**

*(PLEASE STAND IF YOU ARE ABLE)*

## THE HOLY GOSPEL

St. Luke 6:27-38

*Jesus continues to address a crowd of his disciples. He invites his followers to shower radical love, blessing, forgiveness, generosity, and trust even to enemies and outsiders. Living in harmony with God's intent brings the reward of overflowing blessing.*

*Glory be to You, O Lord.*

## THE GOSPEL OF OUR LORD

*Praise be to You, O Christ.*

*(PLEASE BE SEATED)*

## SERMON

“What We Inherit!”

Pastor Rankin

## PEOPLE'S OFFERING

### CHOIR ANTHEM

*Train Up A Child*

Words and Music by Pepper Choplin

Train up a child in the way that he should go that he will never depart.  
Train up a child in the way and she will grow with the word in her heart.

Chorus:

Feed them truth, guide the way, teach them promises God has made,  
That they may live in God's love and grace.

Train up a child as you teach him right from wrong, as he follows the word.

Train up a child as you lead her to be strong, be strong in the Lord.

Chorus

Many voices call, many things may draw them far away.  
Though their paths may go far away from home,  
The word shall remain, the word will remain in their hearts.

Train up a child; your rewards will go beyond the days you live.  
Raise them in love; generations will be blest by the love that you give.

Feed them truth, guide the way, teach them promises God has made,  
That they will carry on to train up a child, and they will live in God's love forever.



## THE VERSICLE AND RESPONSE

The Lord be with you.

**And also with you.**

In peace, let us pray to the Lord.

*(KNEELING OR SEATED)*

## PRAYER OF THE FAITHFUL

The Spirit of the Lord is poured out upon us in abundance, so we are bold to pray for the church, the world, and all that God has made.

You teach us to love our neighbors and enemies alike. Encourage your church to follow the leading of your love, especially when it is risky or difficult. Help us to show mercy just as we have first received mercy. God of grace, **hear our prayer.**

Nurture fields that lie dormant, resting until it is time to bloom again. Bless farmers and all who cultivate fields and urban gardens. Give favorable weather for planting. Bring forth from buried seed an abundant harvest, and guard against famine and disease. God of grace, **hear our prayer.**

Look upon our world with mercy, that we delight in an abundance of peace. Protect all whose lives are marred by war and civil unrest. Release political prisoners and amplify the voices that challenge us to seek forgiveness and pursue nonviolence that challenge us to seek forgiveness and pursue nonviolence. God of grace, **hear our prayer.**

Your people cry out for mercy. Console hearts that long for forgiveness. Mend broken relationships. Heal bodies that suffer chronic pain or illness. Strengthen and deliver all whose spirits are troubled. God of grace, **hear our prayer.**

## *SILENT PRAYER*

## THE PRAYER OF OUR LORD

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever. Amen.

*(PLEASE STAND IF YOU ARE ABLE)*

## OFFERING DEDICATION

Receive our joy, O God, along with our gifts. We reach out with this offering to do good in and through our congregation. May any who have harmed others be helped. Heal us of unjust anger, jealousy, and strife. Through our shared life in this community of faith, create in us the image of one who dwells in heaven. Let us share with the whole world the blessings we receive from your hand. Amen.

## CLOSE OF WORSHIP

HYMN

*Father Eternal*

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## RESPONSIVE BENEDICTION

Arise, and go forth to shine for all the world to see.

We go to spread the good news of light and love, righteousness and justice.

May the blessing of the God of light rest upon you and fill you with light. Amen.

POSTLUDE

*If Thou But Suffer God to Guide Thee*

J. S. Bach

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CATCH THE VISION & SHARE THE JOY

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## ANNOUNCEMENTS

The Chancel Flowers are given by Jeff Hackenberger in memory of his brother, Tim Hackenberger.

The Worship Aids are given by Rebecca, Matthew, and Daniel Wagner in celebration of Koleson Steven Burgo's holy baptism.

The Baptismal Font Flowers are given by Diane Minnich and Tom & Anna Burgo with love and in celebration of our grandson, Koleson Steven Burgo's Baptism.

**Greeters/ Ushers:** Don Miller, Zach Baynard, Cherie Cataldi, Betty Fogle, Dottie Schadt

**Money Counters:** Lee Bossert, Steve Shenk, Ron & Don Denlinger

**Building Trustee:** Mike Wagner

**Lector:** Diane Rice

## Happy Birthday!

Monday – Arlene Hoxworth

Thursday – Gregory Gruber

Friday – Judie Bistline

Attendance for Sun., Feb. 13	8:00–6	10:30–50	<b>TOTAL – 56</b>
Sunday School	16		

## This Week at Trinity Church

(Church Office Hours: Monday-Friday 9:00 a.m.-2 p.m.)

Monday PRESIDENT'S DAY/No Preschool

Thursday 6:30 PM – Cub Scouts

Saturday 7:00 PM – Alanon

8:00 PM - AA

Sunday 8:00 AM – Eucharist

9:00 AM – Sunday School

10:30 AM – Eucharist

**Dr. Anne Thayer, Guest Preacher**

**February Mission Moment:** The Stewardship Committee is organizing speakers to offer a mission moment each month during worship about one of our mission partners we support through Our Gifts to Others. Dr. Anne Thayer, Diefenderfer Professor of Mercersburg & Ecumenical Theology/Professor of Church History at Lancaster Theological Seminary will preach at both services and lead an adult Sunday School class on February 27.



**DEVOTIONALS:** The January-March edition of *These Days* is available in the Narthex or on the lower level by the portico entrance.

**THE FEBRUARY PARISH POST** is available on both floors of the church building. **Deadline for the March Parish Post is tomorrow!**

**MONEY BOXES:** The children's Sunday School class has been learning about sharing God's gifts with others. They created boxes to collect coins to support a mission project. The last day will be **February 28.**

**PRAYER CONCERNS:** The family of Lou Ann Himelwright, the family of Cathy Kreider (mother of Matt Kreider), the Coleman family (relatives of Dr. Cathy Hoshauer), Carol Kratz and family, Marvin Lehman and family, Lee Bossert, George DeLong, Joann Garvin, Rev. Phyllis Baum, Rev. Jere & Judy Chapman, Danielle Huggins Holbein, Carole Connor, Donna Smoker (friend of Trinity), Mary Witmer, Steve Owens (son of Scott & Jane Owens), Mark & Mary Anne Ritter (friends of the Paulukows), Patrick & Mel (nephew of Marianne Gibble & his wife), the Martin family, Robert Richards (brother of Jerry Richards), Hillary Brennan (mother of John Brennan), Ann Wolf (neighbor of George & Sandy DeLong), Rev. Dr. Carrie Call, David & Ann Potts (friends of Brenda & Harry Himelwright), Pete & Nora Petrosky (friends of Dr. Cathy Hoshauer), Lynn Dull, Hilma Slechta (mother of Mike Slechta), Chad & Paul Zirkel (sons of Donna Zirkel), Ronald Himelwright (grandson of Brenda & Harry Himelwright), Barry Richards (son of Jerry & Carmen Richards), Tyler Miller (grandson of Iris DeMaio), Joan Kalbach (mother of Dr. Cathy Hoshauer), Donna Denlinger, Cathy Hoshauer, Nancy Patton, Gary Reynolds (friend of Mike & Shelley Wagner), Rev. Bob & Nancy Musser, Phyllis Zimmerman, Donna Zirkel, Chris Rice (nephew of Diane Rice & Karen Olley), Jaimie & Aurora Commero (friends of Sarah Paulukow), Mark Zody (friend of Denise Huggins), Jim & Kathy Long (friends of Jerry & Carmen Richards), John Siebern (Bob Siever's brother-in-law), Carl Roth (Gretchen Leinbach's brother), Scott Summers, Rev. Frank Lantz, Lainie Christensen, Sandra Englert (niece of Betty Tyndall), Charles & Betty Booraem, Betty Tyndall and family, Dorothy Fasnacht, Jo Jo Richards & family (Carmen & Jerry's granddaughter-in-law), Bob & Marlyn Wible, Lily Kilgore & family, Barry Moore (Donna & Ron Denlinger's brother-in-law), Jordan Sensenig (grandson of Pat & Joan Sensenig), Judy Wisniewski (sister of Chuck Husted), Elaine Sturgis (friend of Sue Husted), Doris Leaman, Kelsey (Minnich) and Tom Burgo, Judie Bistline, and the Bonilla-Rodriguez family (friends of Trinity Church).

## **2022 CHANCEL FLOWERS AND WORSHIP AIDS SPONSORS**

Contact Carol in the church office to sign-up for chancel flowers and worship aids for 2022. We recently changed florists and so the new price for flowers will be \$60. The price for worship aids will remain at \$26. Upcoming dates for chancel flowers are: **March 6, 20 & 27**. Upcoming dates for worship aids are: **March 6, 13, 20 & 27**.

**CHURCH DIRECTORY:** Copies of the new church directory are available on the table across from the church office and in the information racks on both floors of the church building.

**CHRISTIAN EDUCATION CLASSES:** Christian Education classes will be held for all ages at 9:00 a.m. Here are the locations for the classes:

1. **Children's Class** will meet in the classroom on the first floor.
2. **Middle School/High School Class** will meet in the classroom on the second floor.
3. **The Combined Adult Class** will meet in Isenberg Hall. They are using the book "Practicing Our Faith" edited by Dorothy C. Bass.

The Rev. Dr. Rich Christensen will be leading an adult Sunday School class on **March 6, 13, and 20** at 9:00 a.m. in Isenberg Hall. The title of Dr. Christensen's class is "**Uncovering Deeper Meaning in the Bible**". He will look at some familiar texts and see the meanings behind them which are not immediately obvious.

**LOVE YOUR PRESCHOOL:** Little fingers use large amounts of supplies. Please help our preschool by donating any of the supplies listed below. You may wish to select a "heart" on the poster in the hallway across from the church office with a needed supply written on it. Place your items in the bin.

Dry erase makers, wide tip, low odor  
Crayola markers, large for children  
Blue painter's tape  
Bio paints from discount school supply  
Pens for teachers  
Ream of computer paper  
Napkins (white)  
Scotch tape  
Hand sanitizer  
Corn starch  
Clorox/disinfecting wipes

Dry erase board erasers  
Masking tape  
Block of white air-dry clay  
Chalkboard chalk white or colored  
Elmer's glue sticks, XL (lots)  
Potting soil  
Children's underwear, sizes 4/5  
Tissues  
Shaving cream (plain, no gel)  
Liquid Hand Soap



## PRESCHOOL FUNDRAISER

We have started our spring fundraiser and will be working with S. Clyde Weaver. The fundraiser will be their sub coupons and can be redeemed at the East Pete Store, Lititz Pike Store, and the Lancaster Central Market.

If you wish to help by buying and/or selling them, please have the order forms and money turned in by February 25. Coupons will then be available to pickup after March 1. Thank you for all that you do for our children and all the help you give our preschool. If you have any questions, please do not hesitate to ask.

**THANK YOU  
FOR YOUR SUPPORT!**



**TRINITY PRESCHOOL  
SUB SALE**

We would like to thank you for supporting our fund raiser. When you redeem your coupon at S. Clyde Weaver you get to choose from at least seven sub varieties:

**Sweet Bologna · Ham · Italian · Turkey  
Roast Beef · Chicken Salad · Tuna Salad**

**Each Sub Redemption Certificate: \$8.00**  
**Deadline to Order: February 25, 2022**

**BREAD OPTIONS:**

white sub roll · bread · tortilla wrap

**CHOICE OF YOUR CONDIMENTS:**

mayonnaise · mustard · creamy horseradish · olive oil · vinegar

**CHEESE OF YOUR CHOICE:**

American · Provolone · Swiss

**YOUR CHOICES OF VEGETABLES:**

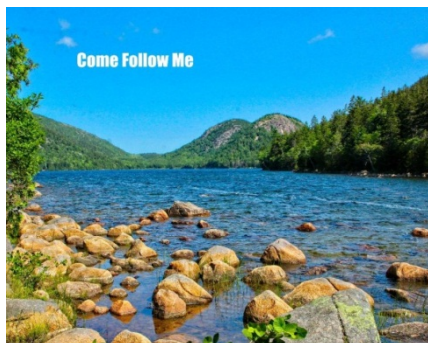
lettuce · tomatoes · onions · marinated onions · sweet peppers  
banana peppers · hot peppers · black olives · pickles  
salt · pepper · herb mix · Parmesan

NAME	PHONE	QUANTITY	TOTAL	PAID (Please check)

Please make checks payable to: **TRINITY PRESCHOOL**

**NAME** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_



The **COME FOLLOW ME Retreat** (written by Rev. Dr. Dave Bushnell, Pastor Emeritus of Hamilton Park U.C.C.) is an opportunity designed to have people experience an awareness and renewal of Christian Community. We are the Body of Christ called (and sometimes recalled) to incarnational ministry that seeks healing and wholeness for ALL of creation.

In his book, *Climate Church*, *Climate Change*, UCC pastor Jim Antal claims it is time “to repurpose the church and inspire humanity to engage a new moral era.” The COME FOLLOW ME Retreat provides a way for that repurposing to begin.

The retreat includes brief talks followed by small group sharing sessions. Each part of the retreat builds on the foundation of earlier sessions. The retreat introduces participants to the “long emergency” of climate change and begins to offer multiple ways for a church to do something about it. There are songs to sing, videos to watch, prayers and brief times of worship. The retreat ends with lots of suggestions of next steps that congregations can take in creation care.

Kate Raworth (in *Doughnut Economics*) writes “Ours is the first generation to deeply understand the damage we have been doing to our planetary household, and probably the last generation with the chance to do something transformative about it.”

#### **COMMENTS FROM PARTICIPANTS**

**THANK YOU** for the experience of finding out more about creation care and what we can do to help. The format of the retreat was very good, the talks, the songs, the small groups for sharing (people always open up more that way). Now the question is how do we as the church find people who are passionate about caring for creation and engage them in our efforts to make a difference.

**FOR ME**, the emotional highpoint of the retreat was the sharing after the baptism talk when we shared deeply with each other and then remembered our own baptism.

“For anyone who loves this *good earth* God has made, who loves this *life* God has given and who loves *children*; this retreat provides a powerful way to become faithful disciples of the One who said, ‘Come, Follow Me.’

**Contact Pastor Rankin if you are interested in attending the virtual retreat on Monday mornings (February 28-April 11) from 8-10 a.m.**

## CHURCH COVENANT IN THE MIDST OF THE PANDEMIC

As an individual who attends Trinity United Church of Christ I covenant to work with my fellow church members, family and friends to keep our community safe and healthy.

I covenant to. . .

*Wear a face mask as a symbol of love and care for others.*

*Maintain physical distancing when possible.*

*Clean up after myself in the spaces I use because germs are everywhere I go too!*

*Honor and respect the sacredness of each person in this space and to stay home if I don't feel well or have been around someone who is waiting the results of a COVID test, knowing God is with us wherever we are, whether inside or outside the walls of the church.*

*Work together with my church family in creating a safe and healthy space to gather for worship, fellowship, or church activities as one body, united in God's love.*

*Acknowledge the hard work ahead, and the commitment to care for one another.*

Together, we as the church, covenant to care and love one another in new and different ways as we:

- Share God's love with our community
- Serve God's children
- Bring healing and wholeness to those in need
- Share the Gospel in liturgy, music and study

**WORSHIP VOLUNTEERS:** We are looking for worship volunteers at the in-person worship services:

**Greeters/Ushers:** To welcome worshippers at the door and to seat them in the sanctuary (10:30 a.m. service only)

**Lectors:** Assist with the worship service or to just read the scripture lessons at the 8:00 a.m. and/or 10:30 a.m. services.

Please contact Pastor Chris or Carol Kratz if you are willing to volunteer.

## Change Through Compassion Spring Workshop (Sponsored by Samaritan Center)

*March 31, 2022 - May 26, 2022*

**Start:**March 31, 2022 at 6:00 pm, **End:**May 26, 2022 at 8:30 pm

**Venue:**Online, **Phone Number:**[717-560-9969](tel:717-560-9969), ext. 259

The eight-week online Change Through Compassion Workshop provides participants with the opportunity to gain experience in mindfulness and self-compassion by deepening their own wisdom through an emphasis on practice. Research on self-compassion and mindfulness show that these practices can boost your health and wellness by contributing to overall happiness, reducing anxiety and depression, and even helping you maintain beneficial lifestyle habits such as diet and exercise.

This workshop meets for eight weekly sessions on Thursdays from March 31 through May 26, with no class on May 5. Sessions run from 6 p.m. to 8:30 p.m. EST. The Retreat Day is April 30 from 10 a.m. to 1:30 p.m. EST. The investment for the workshop is \$370. We recommend obtaining a copy of the “Mindful Self-Compassion Workbook” (2018) by Chris Germer, Ph.D., and Kristin Neff, Ph.D., to support your learning.

The Change Through Compassion offerings are founded on the evidence-based Mindful Self-Compassion program, developed by Germer and Neff. The UC San Diego Center for Mindfulness maintains responsibility for this program and its content.

This workshop meets the requirements for Mindful Self-Compassion Teacher Training and the Self-Compassion in Psychotherapy, or SCIP, program. Discount of \$25 for SCIP participants.

Samaritan Counseling Center is also able to offer 24 continuing education credits, or CEs, for mental health professionals at a cost of \$80. CEs for this program are provided by UC San Diego Center for Mindfulness, which is approved by the American Psychological Association to sponsor continuing education for psychologists. The State Board of Pennsylvania accepts these CEs for licensed clinical social workers, licensed professional counselors, and licensed marriage & family therapists.

Have questions about the workshop or the SCIP discount? Contact Lesley Huff, a licensed psychologist and instructor of Change Through Compassion, at [lhuff@scclanc.org](mailto:lhuff@scclanc.org) or 717-560-9969, extension 259.

**Meal at First Reformed U.C.C., Lancaster:** The community meals at First Reformed U.C.C. are starting again in 2022. They will continue to serve a grab and go meal. The diners and servers must be masked at all times.

Meals (cold or hot) can be prepared in the church kitchen. They are telling us to prepare for 60-70 people.

We are looking for some people to coordinate these meals. If you are interested or have more questions, contact Paula Dennes, Nancy Enders, or Pastor Rankin.



**March 11**  
**April 8, and May 20**

**Masks may required per CDC guidlines**

*Please bring your own drink and snack.*

*Any Questions call: Karen Olley (717)598-0247*



**LENTEN SERVICES---Theme: Turning Toward God's Abundance**  
*Lent is a season of repentance, turning to God and asking for God's goodness to wipe away our sins and to show us how to live anew. Lent also turns us toward Easter and the abundant life God will offer through the Three Days. This Lenten midweek service series turns us toward God's abundance by focusing on five divine attributes from the gospel texts for Lent (lectionary cycle C).*

**Ash Wednesday (March 2 at 2 p.m./7 p.m.)---Rev. Dr. Carrie Call**

**Week 1: Faithfulness (March 9 at 7 p.m.)---Rev. Dr. Rich Christensen**

**Week 2: Mercy (March 16 at 7 p.m.)---Dr. Randall Zachman**

**Week 3: Compassion (March 23 at 7 p.m.)---Rev. Margaret Rohnacher**

**Week 4: Forgiveness (March 30 at 7 p.m.)---Rev. Bob Bistline**

**Week 5: Love (April 6 at 7 p.m.)---Rev. Sandy Morris (may include the order of healing)**



**Parish Resource Center**  
2160 Lincoln Highway East #18,  
Lancaster, PA 17602  
717-299-1113  
info@parishresourcecenter.org  
www.parishresourcecenter.org

**Parish Resource Center**  
Solutions For Churches & Communities



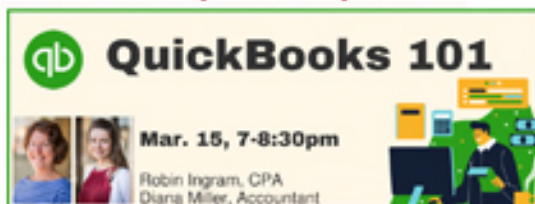
**Greening Your Church**  
FEB. 28, 7-8:30PM  
Brenda Horst, Landisville Mennonite  
Kathryn Kuhn, Church of the Apostles  
Steve Verkuow, Grace Lutheran  
John Weber, Aaron Mennonite

**Greening Your Church Panel**  
**February 28, 2022**  
**7:00 pm - 8:30 pm**



**Compassionate Caring**  
Mar. 17 and 24,  
7:00-8:30pm  
Led by Lesley Huff, Psy.D.

**Compassionate Caring**  
**Session 1: March 17, 2022**  
**7:00 pm - 8:30 pm**  
**Session 2: March 24, 2022**  
**7:00 pm - 8:30 pm**



**qb QuickBooks 101**  
Mar. 15, 7-8:30pm  
Robin Ingram, CPA  
Diana Miller, Accountant

**QuickBooks 101**  
**March 15, 2022**  
**7:00 pm - 8:30 pm**



**REMEMBERING GOD'S MERCY**  
**A Lenten Retreat**  
MAR. 19, 9:00AM-4:00PM  
LED BY AMY SHUTT, SPIRITUAL DIRECTOR

**Remembering God's Mercy: Lenten Retreat**  
**March 19, 2022**  
**9:00 am - 4:00 pm**

**FEBRUARY 20, 2022**

**(C)**

**SEVENTH SUNDAY AFTER THE EPIPHANY**

**FIRST LESSON. Genesis 45:3-11, 15**

Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.' And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

**SECOND LESSON. 1 Corinthians 15:35-38, 42-50**

But someone will ask, "How are the dead raised? With what kind of body do they come?" Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body. So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body. Thus it is written, "The first man, Adam, became a living being"; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven. What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

**GOSPEL. Luke 6:27-38**

"But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you. "If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful. "Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

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